

From TeleHealth to In-Person to the Ballroom

Dear Kevin,

Last summer, I fell and fractured my humerus. The surgery left me with a titanium rod and very limited mobility.

Because of COVID, I was nervous about going into a physical therapy office in person. Kevin Aguinaldo at ProSport was kind enough to work with me virtually, guiding me through a range of exercises I could perform at home. He was nice, gentle and professional.

I started going into the office for in-person visits after receiving the vaccine in February. Now, thanks to the work of Kevin and the team at ProSport I can return to my favorite sport: ballroom dancing! Thank you!

--Karen G.